# HRHCare Foundation Newsletter / 2015 Year in Review

Assemblywoman Sandra Galef, Legislator Catherine Borgia, Cortlandt Town Supervisor Linda Puglisi, Anne Kauffman Nolon, Rev. Jeannette Phillips, Congresswoman Nita Lowey and Hon. Alan Steiner at the HRHCare 40th Anniversary Ribbon Cutting.

### Dear Friends and Supporters,



As HRHCare celebrates 40 years of service to our communities, we thank you for the valued partnership and generosity that have helped us continue to grow and provide access to high quality primary and preventive care to even more populations throughout the Hudson Valley and Long Island.

In 1975, HRHCare, then known as the Peekskill Ambulatory Health Care Center, opened its doors on Peekskill's Main Street with a staff of 12, serving 800 patients in our first year. As HRHCare turns 40 this year, we are so proud to report that our care has extended to over 135,000 patients across a 10 county region of New York State. Your support of our hard work and mission is what has made this possible!

In this edition of the HRHCare Foundation Newsletter we reflect on a 40th Anniversary year full of accomplishment, including an outstanding score of 100% for care delivery after a site operational visit from the Health Resources and Services Administration, adopting a living minimum wage of \$15 for all employees, the completion of the first phase of the Peekskill Health Center renovation, and its renaming in honor of our Founding Mothers, Jeannette J. Phillips, Willie Mae Jackson, Mary Woods and Pearl Woods. There is also a nod to the HRHCare Foundation's annual Cornucopia Benefit and first annual Suffolk County celebration, Honoring The Hands; an event to raise awareness and build support for Long Island agricultural workers. All of these highlights occurred while providing excellent care at 26 Health Centers, including the newest additions to the HRHCare family, the Health Centers at Brentwood and Riverhead which we transitioned from the Suffolk County Department of Health in September and November respectively.

We hope you enjoy this newsletter, learn more about the lives we impact and are inspired to become more deeply involved in the work of HRHCare.

Ant Jolon

Anne Kauffman Nolon, MPH President & CEO, HRHCare Executive Director, HRHCare Foundation

Honorable Alan Steiner HRHCare Board Chair

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# 40th Anniversary Kick-Off

To celebrate the kick-off to our 40th Anniversary, HRHCare hosted a ribbon-cutting ceremony on July 13th for the new addition to our Health Center at Peekskill. During this celebration we were able to honor our late Founding Mothers Willie Mae Jackson, Mary Woods and Pearl Woods as well as announce the re-naming of our flagship Health Center in honor of our Founding Mother and Executive Vice President, the Reverend Jeannette J. Phillips. Founder of the 50 year old Health Center Movement Dr. Jack Geiger, Congresswoman Nita Lowey, Peekskill Mayor Frank Catalina and other public officials joined our CEO Anne Kauffman Nolon and other HRHCare executives and staff in celebration.



Dr. Jack Geiger, Anne Kauffman Nolon, Congresswoman Nita Lowey, Peekskill Mayor Frank Catalina, and Rev. Jeannette Phillips at the Peekskill Ribbon Cutting.

Simultaneously, HRHCare took over Peekskill's Pugsley Park with a Day of Wellness, a health fair for HRHCare patients and Peekskill community members alike in celebration of National Health Center Week. Participants enjoyed free health screenings, games, zumba classes, dance performances and more, all while learning more about the history and services offered at HRHCare. A few weeks later, HRHCare furthered honored the families of our four Founding Mothers and our long-standing Board Chair the Honorable Alan Steiner at our 40th Anniversary Gala held at Hollow Brook Golf Club in Cortlandt Manor.

### 40th Anniversary Ribbon Cutting and Gala



Zumba in Pugsley Park during the Day of Wellness.



Delta Health Centor CEO John A. Fairman, Dr. Jack Geiger, Rev. Jeannette Phillips, Hon. Alan Steiner and Anne Kauffman Nolon.



Presenting awards to the families of Founding Mothers Willie Mae Jackson, Mary Woods and Pearl Woods.



Congresswoman Nita Lowey with HRHCare Outreach Workers.



Glenn and Hon. Alan Steiner, Rev. Jeannette Phillips and HRHCare Board Vice Chair Norma Johnson.



Anne Kauffman Nolon and Hon. Alan Steiner give a tour of the new Health Center addition to Congresswoman Nita Lowey.

# Honoring The Hands

Agriculture is by far the largest industry on Long Island, contributing nearly \$260 million to the local economy, yet farmworkers and their families still often struggle to gain access to quality health care. Many of these families suffer from poor nutrition, asthma, musculoskeletal conditions, and a lack of preventive care. Proceed from the Honoring the Hands went toward a Day of Health on November 10th for agricultural workers and their families. Facilitated by HRHCare at Shinn Estate Vineyards and Pindar Vineyards on Long Island's North Fork, more than 70 agricultural workers were able to receive health care screenings, flu shots and follow-up appointments at an HRHCare Health Center convenient to them.



Charles Massoud of Paumanok Vineyards, Anne Kauffman Nolon and David Page of Shinn Estate Vineyards.



HRHCare Director of Community Outreach Andrew Lehto participating in the Day of Health at Shinn Estate Vineyards.

The HRHCare Foundation hosted the first annual event Honoring the Hands; A Celebration of Long Island Agricultural Workers. Hosted by Barbara Shinn and David Page of Shinn Estate Vineyards, Jonathan Russo and Deborah Grayson, and Long Island Sustainable Winegrowers, the first annual gathering celebrated Long Island's



Sculptor Wilfredo Morel introducing artist Francesco Mastalia to Anne Kauffman Nolon.



Jonathan Russo and Roman Roth of Wölffer Estate Vineyard partake in the wine identification contest.

iconic wine industry by raising funds to support health care access for its workers and to promote sustainable agriculture on Long Island. Nearly 150 New Yorkers came together to raise \$65,000 to support the work of the HRHCare Foundation and the Agricultural Health Fund.

# Cornucopia

On October 17th, the HRHCare Foundation hosted the 11th annual Cornucopia: A Celebratory Benefit of Harvest & Health. Held at the farm-to-table restaurant Crabtree's Kittle House in Chappaqua, the event raised over \$250,000 to support HRHCare in providing comprehensive, quality primary and preventive care to people in need throughout the Hudson Valley and Long Island.

This year Mimi Edelman of I & Me Farm was honored for her passion, dedication and tireless efforts in promoting the products locally grown on small farms in Westchester and the Hudson Valley. Health care leaders Andrew S. Richter, PhD, Board Chair of the HRHCare Foundation and Treasurer of the HRHCare Board of Directors, and Steven M. Safyer, MD, President and CEO of the Montefiore Health System, were also honored for their work in expanding community health care to everyone who needs it.



Executive Chef Jay Lippin preparing for Cornucopia 2015 in the kitchen of Crabtree's Kittle House.



HRHCare Foundation Board Chair Andrew Richter, PhD, Mimi Edelman of I & Me Farm, Anne Kauffman Nolon and Montefiore Health System CEO Steven M. Safyer, MD.



HRHCare CMO Carmen Chinea speaks to the importance of the HRHCare Early Cancer Detection & Prevention Fund.



Glenn Vogt congratulates fellow restaurateur and host John Crabtree and the Cornucopia honorees.

#### **HRHCare Timeline**

<b>1975</b> O	Peekskill
1990	Beacon
	The Alamo at Goshen
1993 🔶	New Paltz
1998 ()	Family Partnership at Poughkeepsie
	<b>J</b>
1999 🔶	Wallkill Valley at Walden
2001 0	Amenia
	Dover Plains
	Pine Plains
2002	The Atrium at Poughkeepsie
	The Action act oughteepsit
2004	Monticello
2006 🔶	Greenport
2007 0	Haverstraw
	Deals Care at Verslager
2008 0	Park Care at Yonkers Valentine Lane at Yonkers
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2011	Spring Valley
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2012	Elsie Owens at Coram
2013 0	Livingston Street at Poughkeepsie
	roughteepsie
2014	Kraus Family at Southampto
	Maxine S. Postal at
	Amityville
	Hudson Martin Luther King, Jr.
	at Wyandanch
	Marilyn Shellabarger at Shir
	Patchogue
2015 🔿	Brentwood
	Riverhead

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#### **HRHCare** Today

HRHCare provides the highest quality primary and preventive health care to more than 135,000 patients, regardless of insurance status or ability to pay, throughout a 10 county region of southeastern New York State. We are a nonprofit, New York State licensed, Joint Commission accredited, Federally Qualified Health Center (FQHC), recognized by the National Committee on Quality Assurance (NCQA) as a Level 3 Patient Centered Medical Home (PCMH). Our comprehensive services include family medicine specialists in adult and pediatric care; obstetrical and gynecological care; oral care; behavioral health counseling; nutrition; WIC services; health education; and a full complement of outreach, translation, transportation, benefits counseling and health insurance enrollment assistance.

HRHCare has a commitment to the communities it serves and works to improve community health through partnerships and collaborations with key stakeholders including local businesses, social service agencies, housing organizations, food banks, farm worker alliances and other community organizations.

#### The HRHCare Foundation

In 2000 a group of dedicated individuals came together recognizing that HRHCare needed philanthropic resources to sustain our ever-increasing activity and growth. Two years later, the HRHCare Foundation was formally incorporated for the purpose of sustaining the Health Center as it expanded to meet the growing needs of the region's most vulnerable and underserved populations. The Foundation Board's steadfast commitment to ensuring, stabilizing and refortifying the capital and operational infrastructure of HRHCare has allowed us to continue to fulfill our mission of increasing access to comprehensive primary and preventive health care for all.

From helping us advocate for health care funding, to building relationships with like-minded individuals and corporations, to making an individual donation of any amount, we need your help as we meet the needs of our patients through innovative and compassionate health care.

## HRHCare: 2015 at a Glance

26 health centers
135,000 patients
500,000 patient visits
1,000 employees

# Expansion on Long Island

CEO Anne Kauffman Nolon, Founding Board Chair Rev. Jeannette Phillips, Board Members Hon. Alan Steiner, Chair, and Sister Margaret Smyth, OP, and other HRHCare executives were joined by Suffolk County Executive Steve Bellone, Legislator Monica R. Martinez, and Deputy Commissioner of Health Dr. Linda Mermelstein to open the HRHCare Health Center at Brentwood this past September. This facility is the eighth HRHCare Health Center in Suffolk County and is expected to serve 8,000 patients in its first full year of operation.

On November 2nd, HRHCare welcomed the Health Center at Riverhead to our network on Long Island. Our ninth Health Center in Suffolk County, this facility is projected to serve 4,000 patients, furthering our reach of care on Long Island's East End.



Left to Right: Suffolk County Deputy Commissioner of Health Dr. Linda Mermelstein, HRHCare COO Allison Dubois, Rev. Jeannette Phillips, Hon. Alan Steiner, Anne Kauffman Nolon, Suffolk County Executive Steve Bellone, Sister Margaret Smyth, OP, Suffolk County Legislator Monica R. Martinez and HRHCare CFO James Sinkoff at the HRHCare Health Center at Brentwood Ribbon Cutting.



The HRHCare Health Center at Brentwood.



HRHCare staff members Gabriel Rivera, Tanesha Booker and Bonifacio Garcia at the opening of the Health Center at Riverhead.

## Award Winning Care



HRHCare Chief of Clinical Quality Dr. Sophia McIntyre, HRHCare Chief of Patient Experience Katherine Brieger, HRHCare EVP for Practice Transformation Paul Kaye, Anne Kauffman Nolon and HRHCare COO Allison Dubois accepting the award at the NCQA 25th Anniversary Gala.

#### NCQA Award

HRHCare was honored as a lead organization providing high quality health care for all by the National Committee for Quality Assurance (NCQA) at their 25th Anniversary Gala in Washington, D.C. Paul Kaye, MD, Executive Vice President of Practice Transformation at HRHCare, accepted the award on behalf of the organization at the Gala this past September. Having achieved Level 3 Patient Centered Medical Home (PCMH) status from the NCQA is a testament to the mission of HRHCare to provide outstanding, compassionate care to the patients we serve.

#### HRSA 100%

We are incredibly proud to report that we received a perfect score for performance in a site visit this May from the Health Resources and Services Administration (HRSA). HRSA is the primary federal agency responsible for improving access to health care, and our perfect score positions us to receive maximum federal support as we continue to deliver first-class care to our patients. Well done to all who contributed to this great achievement!

#### Grassroots Advocacy Award

In 2015, HRHCare President and CEO Anne Kauffman Nolon, MPH, was formally inducted into the National Association of Community Health Center's (NACHC) Grassroots Advocacy Hall of Fame. Health care leaders inducted into the Hall of Fame have all made lasting contributions to ensuring the creation, survival, and strength of health centers and the Health Center Movement through their dedicated and tireless efforts over many years.

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## Patient Stories



Theodosia Green with her provider Dr. Carol Allen and Congresswoman Nita Lowey.

"You make it to 102 on a healthy diet of greens with a little chicken or fish once in a while." – Theodosia

Originally from Caruthersville, Missouri, Theodosia moved to Peekskill in 1947. She met HRHCare Founding Mother Reverend Jeannette Phillips during the early days of starting the Peekskill Health Center and has been a patient since our doors opened in 1975. In her time at the Health Center, Theodosia has received care from many doctors and is currently a satisfied patient of Dr. Allen. She turned 102 on July 22, 2015.

"Interacting and helping the population that the Alamo serves is very rewarding because I know what it is to be in their shoes" – Alfredo

Alfredo grew up in the Goshen area and received care regularly from the Alamo Health Center. His mother was a migrant farmworker in the Black Dirt Region and had to move the family between New York and Texas every year. To help his mother make ends meet, Alfredo dropped out of high school to start work as a teenager. Deciding that he wanted more for himself and his family, Alfredo was able to get his GED and visit a recruiter to join the U.S. Marine Corps. After nine years and three tours in Iraq, Alfredo returned to Orange County where he was able to start working with HRHCare at the Alamo Health Center at Goshen. "Mom is deaf and blind and in a wheelchair, and I come here often with her. HRHCare is keeping a good eye on my mother." – Lisa

For several years Lisa has been the primary caretaker for her mother, who is deaf. After later losing her vision as well, Lisa's mother has been in even more fragile health. With access to a full range of medical, dental and optometry services at the HRHCare Livingston Street Health Center in Poughkeepsie, both Lisa and her mother have been able to find the compassionate and attentive care that they need.

## Living Minimum Wage



HRHCare announced on August 4th the implementation of a living minimum wage of \$15 per hour for both part-time and full-time employees. Our 26 Health Centers are only able to serve their respective communities because of the 1,000 employees in different jobs who work tirelessly to offer the highest quality of care. This important investment in our staff helps ensure that we are offering stable, well-paying jobs that in turn strengthen our communities. HRHCare truly cares for those who care for our patients!

"I would like to thank the board and executives for giving me a chance to increase my income. I am grateful to receive this, as living costs are more and more expensive. Thank you for caring and understanding that times are tough."

Sebastian, Patient Representative & Medical Interpreter The HRHCare Health Center at Hudson "Being hired by the company was a great opportunity and I was thrilled. The increase in my pay allows me to pay a little more towards my bills and to send to my daughters. I have been very grateful for the raise as it has allowed me to feel like we really matter in the company. It showed me that I was working for the right company because our needs are truly met."

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### Get Involved!

HRHCare has a deep organizational commitment to improving the health and wellbeing of the communities we serve. This commitment to increasing access, providing health education and inspiring healthy choices allows us to meet the unique needs of each individual we serve.

As a nonprofit we rely on community support to help us bring our mission to life. That support comes in many forms including serving on leadership boards and committees, helping make connections to potential partners, planning events and providing charitable donations.

### Support!

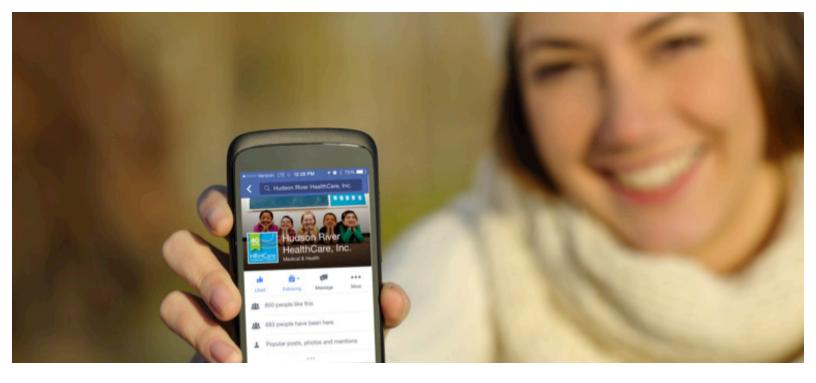
Your support allows us to deliver basic care to our uninsured patients. For us to continue innovating – to gather data, identify and document emerging health issues, establish meaningful definitions and measurements of the health of our communities and, above all, to propose and implement solutions – we depend on the support of donors who understand and value the creative expertise and compassionate care that HRHCare provides.

### Volunteer!

At HRHCare, our boards and committees greatly influence our growth and the extent to which we accomplish our goals. We rely on a community of friends and supporters who believe in the HRHCare mission of providing access to high quality health care for all in order to make a difference in the lives of individuals and families for generations to come.

For information on giving or about volunteer opportunities please contact Dotty DeBiase:

914-734-8736 ddebiase@hrhcare.org



# Get Social with HRHCare

Visit us on social media for news on upcoming HRHCare events, photos from the field and real-time updates - from breaking health care news to tips on how to stay healthy in your day to day life.

> Connect with others who care about making our communities healthier and stronger, one patient at a time.

Follow us on Facebook, Twitter, Instagram, and Pinterest.



### HRHCare

Honorable Alan Steiner HRHCare Board Chair Anne Kauffman Nolon, MPH Executive Director, HRHCare Foundation President & CEO, HRHCare Andrew S. Richter, PhD Foundation Chair

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