

# Where can you be treated?

At one of HRHCare's six Hepatitis C dedicated sites:

## + Monticello

- 23 Lakewood Avenue, Monticello, NY 12701
- 845-794-2010

## + Peekskill

- 1037 Main Street, Peekskill, NY 10566
- 914-734-8800

## + Poughkeepsie

- The Atrium at Hospital
- 1 Webster Avenue, Suite 202
- Poughkeepsie, NY 12601
- 845-790-7990

## + Beacon

- 6 Henry Street, Beacon, NY 12508
- 845-831-0400

## + Amenia

- 3360 Route 343, Amenia, NY 12501
- 845-838-7038

## + Yonkers

- 2 Park Avenue, Yonkers, NY 10703
- 914-964-7862

### Contact Us

For more information on HepC:

**Cheryl Santoro**, Linkage to Care Specialist  
845-519-5278 | [csantoro@hrhcare.org](mailto:csantoro@hrhcare.org)

**Jennifer Zupan**, Linkage to Care Specialist  
845-654-1116 | [jzupan@hrhcare.org](mailto:jzupan@hrhcare.org)

Please call for more information or to schedule an appointment.

**1.844.HRH.Care**  
[www.hrhcare.org](http://www.hrhcare.org)

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[www.hrhcare.org](http://www.hrhcare.org)

Hablamos Español

**Peekskill**  
914-734-8800

**Amenia**  
845-838-7038

**Goshen**  
845-651-2298

**Walden**  
845-778-2700

**Dover Plains**  
845-877-4793

**Pine Plains**  
518-398-8844

**Monticello**  
845-794-2010

**Haverstraw**  
845-429-4499

**Beacon**  
845-831-0400

**Yonkers**  
Park Care  
914-964-7862

**Poughkeepsie**  
Family Partnership Ctr.  
845-454-8204

**Yonkers**  
Valentine Lane  
914-965-9771

**Poughkeepsie**  
The Atrium  
845-790-7990

**Hudson**  
518-751-3060

**New Paltz**  
845-255-1760



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healow App for iOS & Android

[www.hrhcare.org/myhrhcare](http://www.hrhcare.org/myhrhcare)

# What do you know about Hepatitis C?

## Learn about HRHCare's Hepatitis C Program

If you do not know your hepatitis C status, get tested. You can be tested for the hepatitis C virus at any of our HRHCare locations.

**1.844.HRH.Care**  
(1.844.474.2273)  
[www.hrhcare.org](http://www.hrhcare.org)



# Do You Have Hepatitis C?

## What is it?

Hepatitis C is a liver disease that causes inflammation of the liver, which prevents the liver's proper functioning. The disease is caused by the hepatitis C virus.

## How can I get it?

The hepatitis C virus (HCV) is spread by direct contact with infected blood. This is most often done by:

- ✓ Needle sharing
- ✓ Unprotected sex
- ✓ Sharing razors or other personal hygiene products
- ✓ Having been on hemodialysis
- ✓ Being born to a HCV-infected mother
- ✓ Receiving a tattoo or piercing

## What are the symptoms?

Hepatitis C patients are often asymptomatic. This means that they have the disease, but do not have any obvious signs or symptoms. The lack of symptoms does not necessarily mean you are healthy. Someone may have HCV for years or decades without symptoms. When there are symptoms, they may include fatigue, itchy skin, dark urine, muscle soreness, nausea, stomach pain, and loss of appetite.

## What do you know about Hepatitis C?

### Learn about HRHCare's HepC Program

Our multi-disciplinary team is available to make your hepatitis C care as smooth and successful as possible.

## How long does Hepatitis C last?

**Acute HCV** represents between 15% and 40% of those infected. This means that these individuals fully recover within six months of exposure.

**Chronic HCV** represents 60% to 85% of HCV-infected persons. This means that these individuals have hepatitis C all of their lives, UNLESS they are properly and successfully treated.

## Why is it important to be treated?

Hepatitis C attacks the liver, and can do so until treated. Long-term effects of untreated hepatitis C may include liver disease, cirrhosis (scarring of the liver), and liver cancer.

The liver is a very important organ in our bodies. Some of the liver's functions include: processing what you eat and drink into energy and nutrients, and removing harmful substances from our blood.

## Hepatitis C Treatment

Hudson River HealthCare offers comprehensive care for HCV-infected patients. This includes:

- Comprehensive monitoring and treatment
- Evaluation by a Specialist in Hepatitis C
- Viral symptom management
- Prescription and support of antiviral therapy and monitoring as appropriate.
- Case Management services
- Psychiatric services
- Vaccinations
- Integrated Primary Care
- HIV Testing
- Access to a knowledgeable HCV-infected peer
- Help with adherence