



# Family Nurse Practitioner Residency Training Program

with a focus on Rural/Migrant Health



The HRHCare Family Nurse Practitioner Residency Program, based in Peekskill, NY, will provide intensive training in both the clinical complexity of family practice in the safety net setting, and training in the Patient Centered Medical Home (PCMH) model for primary care. HRHCare has partnered with the Community Health Center, Inc. (CHC) of Middletown, CT, to launch this residency program focused on rural and migrant health.

## Goals

- Increase access to quality primary care for underserved and special populations by training family nurse practitioners in a Federally Qualified Health Center-based residency program that prepares residents for full and autonomous expert care of complex underserved populations across all life cycles and in multiple settings
- Provide new nurse practitioners (NPs) with a depth, breadth, volume and intensity of clinical training necessary to serve as primary care providers in the complex setting of the country's FQHCs
- Train new NPs to a model of primary care consistent with the National Academy of Medicine's principles of health care and the needs of vulnerable populations
- Improve the clinical skills, confidence, productivity, and job satisfaction of new NPs who choose to work in underserved community settings, as well as contribute to employer satisfaction and workforce retention
- Increase the number of NPs ready to serve in leadership roles in community health settings

## Structure

12 months of full-time residency employment at HRHCare, with a one-year employment commitment after completion of the residency program.

Full integration into the organization, with possibilities for:

- *Involvement in quality improvement and practice redesign*
- *Clinical committees and tasks force participation*

Core elements:

- *Precepted Continuity Sessions (4 sessions/week)—develop and manage a panel of new patients*
- *Specialty Rotations (2 sessions/week x 1 month) Ten rotations in areas of high-volume/high-burden/high-risk situations most commonly encountered in the setting of the FQHC. Planned rotations include: Orthopedics, Dermatology, Women's Health, Pediatrics, Geriatrics, HIV/HCV care, Adult Behavioral Health, Child and Adolescent Behavioral Health, Healthcare for the Homeless and Pain and Addiction Best Practices.*
- *Mentored Sessions (2 sessions/week)—sessions with a clinician mentor focused on practice of episodic and acute care in a rural setting*
- *Didactic Sessions (2 sessions/week)—sessions on high volume/risk/burden conditions frequently seen in FQHCs*
- *Continuous training to HRHCare's model of high performance health system: access, continuity, planned care, team-based, prevention focused, use of data and technology*
- *Ongoing multi-input evaluation component using qualitative and quantitative measures*
- *Training on the quality improvement model, including clinical microsystems and facilitation, as well as leadership development*

## Qualifications

Applicants must be recent graduates (within 24 months) of a Masters or DNP program, and certified or board eligible as an FNP and licensed in NY, with a stated commitment to practice as a primary care provider in a Federally Qualified Health Center (FQHC) or other safety net setting. The residency is a full-time, 12-month salaried position with benefits. There is a one-year employment commitment after completion of the program. Bilingual English-Spanish candidates preferred.

For more information,  
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