

# HRHCare provides you with the highest quality health care.

- Primary Medical Care
- HIV & Hepatitis C Care
  - HIV and Hepatitis C Testing and Treatment
  - Case Management
  - Peer Support
- Women's Health
  - Family Planning and Birth Control
  - Preconception Planning
  - Pregnancy Care and Testing
- Nutritional Services
- Dental Services
- Behavioral Health Services
- Care Management
- Referral & Linkage to Specialty Care
- 24 Hour Call Line
- Sliding Fee Scale Available

**Visit your local HRHCare Health Center to find out if PrEP is right for you.**

*Services vary between locations.  
Call us to find out what services are available near you.*

HRHCare patients have access to a free, secure online Patient Portal where you can schedule an appointment, access your medical records, message your clinician, check lab results, and more.

The Patient Portal is not for patients under 18. Parents with children under 12 can access their child's health information using the Patient Portal.

 Healow App in App Store  [hrhcare.org/patientportal](http://hrhcare.org/patientportal)

## Can't wait until morning?



Call us anytime to be referred to a health care professional for expert advice.

Amenia	(845) 838-7038
Amityville	(631) 716-9026
Beacon	(845) 831-0400
Brentwood	(631) 416-5480
Coram	(631) 320-2220
Dover Plains	(845) 877-4793
Goshen	(845) 378-1160
Greenport	(631) 477-2678
Haverstraw	(845) 429-4499
Hudson	(518) 751-3060
Huntington	(631) 760-7746
Monticello	(845) 794-2010
New Paltz	(845) 255-1760
Nyack	(845) 770-9980
Patchogue	(631) 866-2030
Peekskill	(914) 734-8800
Poughkeepsie	(845) 790-7990
Poughkeepsie (Family Partnership)	(845) 454-8204
Riverhead	(631) 574-2580
Shirley	(631) 490-3040
Southampton	(631) 268-1008
Spring Valley	(845) 573-9860
Walden	(845) 778-2700
Wyandanch	(516) 214-8020
Yonkers (Park Care)	(914) 964-7862
Yonkers (Valentine Lane)	(914) 965-9771
Mobile Health Center	(844) 474-2273

**1-844-HRH-CARE**

**1-844-474-2273**



For more information on our award-winning care, please visit:  
[hrhcare.org/awards](http://hrhcare.org/awards)



# PrEP

## A New Way to Prevent HIV

## Reasons to Consider PrEP

If you are HIV negative and can answer **"YES"** to any of these questions, PrEP may be right for you.

- Do you think you are at a high risk of getting HIV?
- Should you be using condoms more often?
- Have you had a sexually transmitted infection (STI) in the past six months?
- Are you dating and having sex with an HIV-positive partner?
- Have you shared needles for injection drug use, tattooing, or piercing?
- Have you had unprotected sex with someone whose HIV status is unknown?
- Are you sexually active with more than one person?
- Have you been prescribed post-exposure prophylaxis (PEP)?



**Choose  
a safer  
future.**

## PrEP

PrEP (Pre-Exposure Prophylaxis) is a way for you to reduce your risk of HIV infection.

It's a one pill-per-day medication meant to be used regularly with other prevention options.

If you think that PrEP might be right for you, we can work with you to reduce your HIV risk.

## PEP

PEP (Post-Exposure Prophylaxis) is an emergency medicine that must be taken within 72 hours after a one-time encounter to reduce your risk of HIV infection.

**If you are HIV negative and worry you might be at risk for HIV infection, find out if PrEP is a good choice for you.**

**[www.hrhcare.org/PrEP](http://www.hrhcare.org/PrEP)**

**Call us for more information on PrEP in your area!**

Mid-Hudson Valley	(845) 260-0043
Lower Hudson Valley	(845) 422-6555
Long Island	(845) 422-5030