



HUDSON RIVER HEALTHCARE: WOMEN'S HEALTH SERVICES

Overview

Hudson River Health Care (HRHCare) helps women of all ages stay healthy through preventive care and comprehensive treatment, offering a range of health care and nutritional services for women and their families during the antepartum and postpartum period. Through our women's health services, we reach 17,000 patients through 50,000 clinic visits, and deliver over 3,200 babies annually. Paired with HRHCare's pediatric practice and family medicine, we are able to serve whole families in a single visit.

Unfortunately, significant disparities continue to exist in New York state and nationally related to maternal mortality and morbidity. Substandard maternal health outcomes disproportionately affect women of color, and black women in New York City are 12 times more likely to die of complications related to pregnancy as compared to white women. As a community health center located in some of the most vulnerable communities in New York state, HRHCare serves all patients regardless of ability to pay and offers vital antepartum, intrapartum, and postpartum care, as well as ongoing women's health services through the lifespan, for many women who would otherwise lack access to such services.

Our Work

- + Screen all women's health patients for health, behavioral, and social needs upon intake and regularly thereafter
- + Embed evidence-based practice within our health centers so that at-risk pregnancy circumstances can be diagnosed and treated in collaboration with an academic medical center early on
- + Offer Medication Assisted Treatment (MAT) in coordination with OBGyn services for pregnant women with substance use disorders as well as depression care management, leveraging telemedicine capabilities to reach more rural communities
- + Partner with county-based nurse services and visiting nurse services to reach women who fail to show for appointments or who are facing social challenges; can offer nutritional counseling, diabetes management services, and progesterone shots to reduce risk of preterm birth
- + Collaborate with Northwell Health to cultivate breastfeeding friendly practices at our Brentwood, Wyandanch, and Southampton sites
- + Offer a midwifery model of care at many of our Hudson Valley and Long Island sites. Women can choose to see Certified (Nurse) Midwives for prenatal care, delivery, and postpartum care. At our flagship Peekskill, NY site, the vast majority of prenatal care is delivered by midwives and deliveries are with midwives in collaboration with OBGYNs. The midwifery model of care, both nationally and at HRHCare, has proven to be a cost-effective model and one that improves healthcare outcomes such as pre-term deliveries, cesarean section rates, and more

About Hudson River Health Care (HRHCare)

Founded over 40 years ago as a Federally Qualified Health Center (FQHC), Hudson River Health Care (HRHCare) is one of the nation's largest community health providers. The HRHCare network of 43 health centers throughout the Hudson Valley, New York City, and Long Island provides affordable, accessible care to over 225,000 patients annually. The network's exceptional primary care practitioners, specialists, and support staff have made HRHCare a destination for convenient, high-quality care for all. In 2018, Brightpoint Health, an FQHC network with sites in all five boroughs of New York City, joined HRHCare.

For more information on the efforts of HRHCare to combat the opioid crisis, please contact Katie Comando at katiecomando@hrhcare.org.