

[2018]

[Resources for Suicide Prevention]

[COMPILATION OF SUICIDE RESOURCES]
[THERESA]

[HRHCARE] | [1037 Main Street]

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Suicide Hotlines by Region

National Hotlines

- 24/7 Hotline – (800) 273-8255
www.suicidepreventionlifeline.org

(New York) State Hotlines

- Statewide, National Suicide Prevention Lifeline.
(800) 273-TALK (8255), Main Line
(800) 799-4889, TTY

Columbia and Greene Counties Hotlines

- Hot Line Columbia County Mental Health Department Crisis Line
Phone: (518) 828-9446
County Served:
Columbia
- Hot Line National Suicide Prevention Lifeline
(800) 273-TALK (8255)
County Served:
Greene
- TTY
800-799-4889
County Served:
Greene

Dutchess County Hotlines

- Dutchess County Department of Behavioral and Community Health
Crisis, referrals and mobile crisis intervention team.
230 North Road, Poughkeepsie NY 12601

DUTCHESS COUNTY MOBILE CRISIS INTERVENTION TEAM

In-school/on-location emergency assessment. Clinician will assess safety and make recommendation. Cannot transport or mandate treatment.

Monday – Friday: 8:00am – 8:00pm

Saturday – Sunday: 8:00am – 4:00pm

Phone – (845) 486-2864

MOBILE CRISIS INTREVENTION TEAM

Provides crisis assessment, support, intervention and follow-up planning as well as linking to ongoing appropriate community services. Serves adults, as well as children and youth.

24/7 Phone or Text – (845) 485-9700

Toll Free Helpline – (877) 485-9700

(845) 486-2700, TTY or Text “DMH” to 741741

Fax – (845) 485-9927

Nassau County Hotlines

- Long Island Crisis Center Suicide Hotline
Hotline - (516) 679-1111
- Nassau Mobile Crisis
Hotline - (516) 572-6419

Orange County Hotlines

- Mobile Mental Health
Referrals, recommendations of support groups, on-site emergency mental health evaluations.
24/7 Support Phone – (888) 750-2266, ext:1
- Helpline
Hotline – (845) 364-HELP or (800) 832-1200
- 24 Hour Mobile Mental Health Team
Hotline – (888) 750-2266
- TEXT 4 TEENS
Monday – Thursday: 5:00pm – 9:00pm
Friday – Sunday: 5:00pm – 12:00am
Main Line – (845) 391-1000

Putnam County Hotlines

- Putnam County Crisis Hotline
Hot Line - (845) 225-1222

Rockland County Hotlines

- Behavioral Health Response Team
24/7 Hotline – (845) 517-0400
Toll Free – (844) 255-BHRT (2478)

Sullivan County

- Mobile Mental Health Team in Sullivan County
Outreach crisis (for 18 years and older)
Monday – Friday: 8:00am – 8:30pm
Saturday – Sunday: 8:00am - 12:00am
24/7 – (845) 790-0911
- Mobile Mental Health Team
24-hour outreach services for adults 18 and older.
Hotline - (800) 710-7083
- Children’s Crisis Outreach
Hotline – (845) 701-3777

Suffolk County Hotlines

- Hotline Response of Suffolk County
(631) 751-7500
- Suffolk County Mobile Crisis
Hot Line - (631) 952-3333

Ulster County Hotlines

- Ulster County Crisis Hotline: 24/7
Hotline – (845) 338-2370
Phone or Text – (845) 679-2485
- Ulster County Mobile Mental Health
ASSESS: Supports for Living
1:00pm – 11:00pm
Hotline – (844) 277-4820
- Ulster County SPEAK
National Suicide Prevention Lifeline
Hotline – (800) 273-TALK (8255)
- Family of Ellenville
Hotline – (845) 647-2443
- Family of New Paltz
Hotline – (845) 225-8801
- National Suicide Prevention Lifeline
Dial **1** for veterans
Hotline – (800) 799-4889, TTY

Westchester County Hotlines

- Crisis Prevention and Response Team
24/7 Hotline - (914) 925-5959

Suicide/Mental Health Resources by Region

Columbia and Greene Counties

- Columbia Memorial Hospital - Department of Psychiatry
“The mission of the CMH Department of Psychiatry is to meet a wide range of mental health needs by providing the highest quality and most comprehensive, multidisciplinary patient-centered psychiatric and psychotherapeutic care available in the Mid-Hudson Valley region.”
<https://www.columbiamemorialhealth.org/psychiatry/>

71 Prospect Avenue, Hudson, NY 12534

Main Line – (518) 828-7601 x8136

Intake Line – (518) 828-8136

- Columbia County Department of Human Services
<https://www.nyconnects.ny.gov/providers/columbia-county-department-of-human-services-omh-ag-70140>

325 Columbia Street, Hudson, NY 12534

Main Line – (518) 828-9446 x2277

Intake Line – (518) 828-9446

- Greene County Mental Health Center
“Greene County Mental Health Center is a community mental health clinic licensed by the NYS Office of Mental Health. We have a full contingent of professional staff including Psychiatrists, Nurse Practitioners, Social Workers, and Psychiatric Nurses. Our staff members work together to provide a comprehensive system of care for the mental health needs of Greene County residents.”
<http://www.greenegovernment.com/departments/mental-health>

905 Greene County Office Building, Cairo, NY 12413

Main Line – (518) 622-9163

Dutchess County

- Hudson Valley Mental Health Inc. - Rhinebeck Mental Health Clinic
“HVMH is charged with developing comprehensive and integrated services to meet the behavioral health needs of adults living in the community. HVMH offers treatment, including individual and group therapy, by licensed therapists and counselors who are highly trained in a variety of person-centered and evidence-based approaches. Our team also includes experienced Psychiatrists, Psychiatric Nurse Practitioners, and Registered Nurses to assist people with ical and medication needs. The support staff at HVMH is committed to ensuring that your recovery is supported with superior customer service in a welcoming environment.”
<https://hvmh.org/>

91 Montgomery Street, Suite 7, Rhinebeck, NY 12572

Main Line – (845) 486-2703 x1505

Intake Line – (845) 485-9700

Nassau County

- South Shore Child Guidance Center
“EPIC Long Island understands that sometimes individuals struggle with mental health challenges, emotional upheaval or distress, trauma or depression – or simply wonder at times if life should be more fulfilling and satisfying. For those who seek the help of a professional therapist for themselves or a family member, EPIC Long Island offers assistance in facing these challenges. We are here to ensure that you do not feel alone in confronting difficult mental health concerns – for yourself or for a family member.”

<http://www.epicli.org/south-shore-child-guidance/>

91 Guy Lombardo Avenue, Freeport, NY 11520

Main Line - (516) 868-3030 x113

Intake Line - (516) 868-3030

- Mercy Medical Center Behavioral Healthcare Services
“Mercy Medical Center's Behavioral Health Services have been meeting the behavioral health needs of the community since 1958 and are staffed by caring, qualified health professionals, including psychiatrists, psychiatric nurse practitioners, licensed clinical social workers, licensed mental health counselors, registered nurses, licensed creative arts therapist, activities therapists and behavioral health aides.”

<https://mercymedicalcenter.chsli.org/behavioral-health>

1000 North Village Avenue, Rockville Centre, NY 11570

Main Line - (516) 705-2281

Intake Line - (516) 705-3400

- Nassau University Medical Center - Department of Psychiatry and BH
“Every year, one out of four Americans suffers from a diagnosable mental disorder. These problems can range from mood disorders like depression, all the way to severe schizophrenic episodes. Add to that the challenge of treating widespread drug and alcohol abuse and it becomes clear why NuHealth’s inpatient and outpatient programs in Mental Health and Addiction are so important. Our multidisciplinary staff of psychiatrists, psychologists, clinical social workers and other mental health professionals helps thousands of patients each year cope with mental disease and recover from substance abuse.”

<http://www.numc.edu/our-services/mental-health-addiction/>

2201 Hempstead Turnpike, East Meadow, NY 11554

Main Line - (516) 572-6511

Intake Line - (516) 572-6822

- MH Associate of Nassau County, Inc.

<https://www.mhanc.org/get-help/>

16 Main Street, Hempstead, NY 11550

Main Line - (516) 489-2322

Intake Line - (516) 489-2322 x1162

- New Horizon Counseling Center Inc. - Outpatient Mental Health Center
 “New Horizon Counseling Center (NHCC) is a leading non-profit behavioral health organization licensed by the New York State Office of Mental Health (OMH), and New York State Office for People with Developmental Disabilities (OPWDD) and New York State Office of Alcoholism and Substance Abuse Services (OASAS). Our excellent reputation reflects 30 years of experience in meeting the needs of the communities we serve. We provide individual, group counseling and psychotherapy in a warm and serene setting. Our clients benefit from an outstanding team of professionals who are empathetic and caring. We accept most insurances, Medicare, Medicaid, Private Pay and sliding scale as needed.”
<http://www.nhcc.us/>
- 50 West Haltron Avenue, Valley Stream, NY 11580
 Main Tel: 516-569-6600 x6260
 Intake Tel: 516-569-6600

Orange County

- Access: Supports for Living, Community CSL at Middle Town
 “Most of us in the Hudson Valley are connected to someone living with a challenge. That may be a friend or a colleague, a child with autism, or a parent with dementia. We support individuals and families with very different needs, from those with significant medical or behavioral issues, to others who live independently with minimal help. We try to respect and understand each person on their own terms, and work hard to tailor supports to individual goals and potentials.”
<http://accesssupports.org/>

 16-24 Union street, Middletown, NY 10940
 Main Line – (845) 343-5556 x3
 Intake Line – (845) 343-5556
- Newburgh Family Counseling Center
 “Most of us in the Hudson Valley are connected to someone living with a challenge. That may be a friend or a colleague, a child with autism, or a parent with dementia. We support individuals and families with very different needs, from those with significant medical or behavioral issues, to others who live independently with minimal help. We try to respect and understand each person on their own terms, and work hard to tailor supports to individual goals and potentials.”
<http://accesssupports.org/>

 21-23 Grand Street, Newburgh, NY 12550
 Main Line – (845) 582-7244 x8355
 Intake Line – (888) 750-2266
- Orange County Department of Mental Health, Port Jervis Outpatient Clinic
<http://www.mentalhealthorangecountyny.com/>

 146 Pike Street, Port Jervis, NY 12771
 Main Line – (845) 858-1456

Putnam County

- Putnam Family Community Serves Inc. - Mental Health Clinic
“Mental health concerns can present obstacles to achieving a balanced and fulfilling life. If a mental health condition has begun to interfere with your life, or the life of someone you love, CoveCare Center can help. We provide services for adults, children, families, and seniors.”
<https://covecarecenter.org/services/mental-health-counseling-treatment/>

1808 Route 6, Carmel, NY 10512
Main Line – (845) 225-2700
Intake Line - (845) 225-2700 x102

Rockland County

- Bikur Cholim Inc. CAPs at Bikur Cholim
“At the Center for Applied Psychology (CAPs) at Bikur Cholim is to provide the highest level of clinical service and education to the community and bridge the wellness and health of clinical research and expertise to the community.”
<http://www.bikurcholim.org/caps.html>

25 Robert Pitt Drive, Suite 101, Monsey, NY 10952
Main Line – (845) 425-5252 x300

Sullivan County

- Sullivan County Department of Community Services
“The Department of Community Services is the Local Government Unit for the development of behavioral health service plans for Sullivan County. The Department provides funding for community based behavioral health services. The Department also provides direct services in mental health, alcoholism and drug abuse to all residents of Sullivan County (Services are available to individuals of all age groups, without regard to severity of their disability, all services are confidential)”
<http://sullivanny.us/Departments/CommunityServices>

20 Community Lane, Liberty, NY 12754
Main Line – (845) 292-8770

Suffolk County

- Pilgrim Psychiatric Center, Peconic Center

550 East Main Street, Suite 103, Riverhead, NY 11901
Main Line – (631) 369-1277
Intake Line – (631) 761-2012

- Pilgrim Psychiatric Center, Yaphank Center
<https://omh.ny.gov/>

31 Industrial Boulevard, Medford, NY 11763
Main Line – (631) 924-4411 x208
Intake Line – (631) 924-4411 x216

- Brookhaven Memorial Hospital, Center of Psychiatric Care at Brookhaven
“At Brookhaven Memorial Hospital Medical Center, we're committed to providing our neighbors with the finest in quality medical care and the utmost compassion. With a state-of-the-art healthcare complex in Patchogue, NY, Brookhaven is home to some of the finest centers for specialized care and some of the most dedicated healthcare professionals who'll care for your family... and care about them.”
<http://www.brookhavenhospital.org/services.cfm/behavioral-health>

101 Hospital Road 1 East, Patchogue, NY, 11772
Main Line – (631) 654-7100
Intake Line – (631) 447-3048

- Northport VAMC Medical Center, Mental Hygiene (116A)
“Northport VAMC is here to help veterans in stopping their use of drugs and alcohol. Thousands of veterans just like you have received help to quit and move on to healthier lives. Please take that same step toward healthy living now.”
<https://www.northport.va.gov/>

79 Middleville Road, 116A Building, Room 106R, Northport, NY 11768
Main Line – (631) 261-4400 x2785

- Pilgrim Psychiatric Center, Buckman/LaCasita Center
<https://omh.ny.gov/>

998 Crooked Hill Road, Building 47, Brentwood, NY 11717
Main Line – (631) 761-2581

Ulster County

- Institute for family Health - Counseling at Kingston Family Practice
“Feeling sad or hopeless? Anxious or worried? Trouble concentrating? Not interested in things you usually like to do? Concerned about a family member? Problems in your relationship? We can help. We offer counseling and other services for children, adolescents, adults, and families. All services are completely confidential.”
<https://www.institute.org/health-care/services/behavioral-health/>

3 Family Practice Drive, Kingston, NY 12401
Main Line - (845) 338-2562

- Mental Health Association of Ulster County - ACT Program
 “The Mental Health Association in Ulster County, Inc. (MHA) was chartered as a not-for-profit organization in 1959 by a group of physicians and concerned citizens in order to develop a coordinated citizens' movement to promote mental health and to work toward the improved care and treatment of persons with mental illness. The Association is a United Way Agency, a Contract Agency of the Ulster County Community Services Board, Ulster County Department of Social Services, and an affiliate of the National and New York State Mental Health Associations. To achieve its mission, the MHA sponsors a variety of educational, advocacy and service programs, including mental health education, rehabilitation, residential services, family and youth support services, and therapeutic foster care.”
<http://www.mhainulster.com/services/adult-services/assertive-community-treatment/>

300 Aaron Court, Kingston, NY 12401
 Main Line – (845) 339-9090

- HealthAlliance Hospital Mary’s Ave Campus/Psychiatric Input Unit
 “The HealthAlliance of the Hudson Valley’s Mental Health Services at Mary’s Ave Campus offers evaluation and treatment of a wide range of psychiatric disorders through inpatient, partial hospitalization or psychiatric emergency services. Our team of board certified psychiatrists, psychiatric nurse practitioners, nurses, activity/art/music therapists and social workers are compassionate professionals who are committed to helping you improve your emotional health, whether you need short-term care or ongoing outpatient services.”
<https://www.hahv.org/mental-health>

105 Mary’s Avenue, Kingston, NY 12401
 Main Line – (845) 334-4707

Westchester County

- Westchester Medical Center Behavioral Health Center
<https://www.wmchealthbh.org/>
 100 Woods Road, BHC, Suite N-3, Valhalla, NY 10595
 Main Line – (914) 493-5029
 Intake Line – (914) 493-7088
- Saint Vincent’s Hospital Westchester
 “St. Vincent’s Hospital Westchester offers inpatient and outpatient mental health and addiction treatment services at its campus in Harrison and at off-site locations in White Plains, Tuckahoe and Port Chester. A division of Saint Joseph’s Medical Center, St. Vincent’s also provides mobile crisis services for Westchester County, manages residential services for 1,016 individuals in Westchester County and New York City and operates four opioid treatment centers in New York City.” <http://www.stvincentswestchester.org/>
 275 North Street, Harrison, NY 10528
 Main Line - (914) 925-5300
 Intake Line - (914) 925-5320
- VA Hudson Valley Healthcare System FDR

<https://www.hudsonvalley.va.gov/>

2094 Albany Post Road, Route 9-A, Montrose, NY 10548

Main Line - (914) 737-4400

Intake Line - (914) 737-4400 x2109

- Montefiore Mount Vernon Hospital Behavioral Health
“Montefiore Behavioral Health Center provides comprehensive services for emotionally troubled individuals and integrated substance abuse treatment, while promoting the mental health of all community residents. Treatment is provided with dignity and respect by highly skilled professionals, board-certified in psychiatry.”

<http://www.montefiore.org/mbhc>

12 North 7th Avenue, Mount Vernon, NY 10550

Main Line – (914) 664-8000

- Rockland Psychiatric Center Mount Vernon Clinic
<https://www.drugrehab.org/the-best-drug-rehabs/10-best-drug-rehab-centers-in-new-york/jefferson-county/rockland-psychiatric-center-mount-vernon-clinic/>

100 East 1st Street, 7th Floor, Mount Vernon, NY 10550

Main Line - (914) 363-1500

Sources

- NYS Office of Mental Health (OMH). “Suicide Crisis Telephone Numbers by County.” Resource Details, www.msnavigator.org/resources/resource_details?ID=36&type=program.
- CAPE of Dutchess County Council on Addiction Prevention and Education. Resource Directory Council on Addiction Prevention and Education (CAPE) of Dutchess County, Inc., 2018.
- “Map.” SAMHSA Behavioral Health Treatment Services Locator, findtreatment.samhsa.gov/locator?sAddr=Orange County, NY, USA.
- <https://findtreatment.samhsa.gov/locator?sAddr=Orange%20County%2C%20NY%2C%20USA>